

"Life is nothing to be very serious about. Life is a ball in your hands to play with. Don't hold on to the ball." - Gurudev Sri Sri Ravishankar



SHRISTI CHRONICLES

Shrishi Matriculation Hr. Sec. School

(Managed by Makhija Foundation)



June 2026

Volume 03 | Issue 01

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IQube



GOLD
MEDAL

GOLD MEDALIST

J. Hari Prasath (XII-C)

Gold Medals, 500+D meters event (Under-16 category) at the Asian Games conducted by the Tamil Nadu Speed Skating Association, held at the Jakarta International Roller Track Arena in Indonesia.



**District Level 5-a side Football
Tournament - Under 14 category
Third Place**



**District Level Football Tournament -
Under 16 category
Third place**



Congratulations to Our Champions!

Your dedication, perseverance, and passion have brought pride to our school. May every achievement inspire you to dream bigger, work harder, and continue striving for excellence. Keep believing in yourself—the best is yet to come!

International Yoga Day Celebration

Shrishti Schools celebrated International Yoga Day on 22 June 2026 with great enthusiasm. The event, held in the school ground, highlighted the importance of yoga in promoting physical fitness, mental well-being, and a healthy lifestyle.

The programme was graced by Mrs. Shantha Kumari, Yoga Trainer from Art of Living, who inspired students with her insightful address on the benefits of yoga. Students actively participated in yoga demonstrations, breathing exercises,

and meditation sessions, creating an atmosphere of peace and positivity. The celebration encouraged everyone to embrace yoga as a way of life and reaffirmed the message: "Healthy Mind, Healthy Body, Healthy Future."

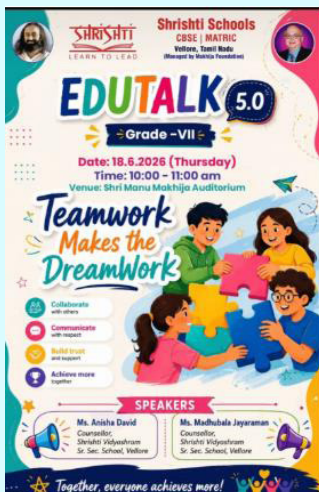


Edutalk 5.0 - Teamwork Makes the Dream Work

Grade VII students participated in an engaging Edutalk 5.0 session on "Teamwork Makes the Dream Work." The session was led by Ms. Anisha David and Ms. Madhubala Jayaraman, who emphasized the importance of teamwork, cooperation, and effective communication in achieving shared goals.

Through interactive discussions and real-life examples, students learned the value of respecting others' opinions, sharing responsibilities, building trust, and solving problems together. The session highlighted how collective effort and mutual support contribute to both personal and team success.

The programme inspired students to become responsible team players and reinforced the message that great achievements are possible when people work together with a common purpose.



Kindergarten Freshers' Day

On 8th June our Kindergarten Freshers' Day was celebrated with great enthusiasm to warmly welcome the KG students into the school family. The little ones and their parents were greeted in a traditional manner, creating a joyful and welcoming atmosphere.

Various fun-filled games were conducted for the children, helping them interact with their new friends and teachers. The students also visited different activity houses, where they explored engaging learning corners and participated in exciting activities. Their cheerful participation made the event lively and memorable.

A delightful dance performance added colour and entertainment to the celebration. One of the highlights of the day was the treasure hunt game organized for both students and parents, which encouraged teamwork, bonding, and excitement.

As a token of love and welcome, special gifts were presented to all the new students. The Freshers' Day celebration successfully created a positive first experience for the children and helped them begin their learning journey with happiness and confidence.



Learning by Doing: Vocational Education Activities

Learning took a refreshing turn on 6 June 2026 as students of Classes VI, VII, and VIII stepped out of their classrooms and into the world of hands-on vocational education.

Armed with curiosity and enthusiasm, Grade VI students transformed into young gardeners, exploring the wonders of a School Kitchen Garden and learning how tiny seeds grow into nutritious plants. Grade VII students nurtured saplings in the Plant Nursery, discovering the

patience and care required to help plants thrive. Meanwhile, Grade VIII students experienced the joy of Feeding and Caring for Farm Animals, gaining valuable lessons in compassion, responsibility, and animal welfare.

The activities turned learning into an exciting adventure, where students worked with nature, developed practical skills, and understood the importance of sustainable living. More than just an educational experience, the day inspired young minds

to appreciate the dignity of labour and the beauty of learning by doing.

The activities encouraged students to connect classroom learning with real-world experiences while fostering responsibility, environmental awareness, and a respect for nature. The programme was both educational and enjoyable, inspiring students to appreciate the importance of sustainable living and vocational skills.



Freshers' Day 2026 – A Warm Welcome to New Beginnings



Shrishti Matric Higher Secondary School organized a vibrant Freshers' Day for the Class XI students at the Open Theatre on 10th June 2026. The event marked the beginning of a new academic journey and provided a warm and memorable welcome to the newcomers.

The programme commenced with a heartfelt welcome address, where the students were greeted with warmth and encouraged to make the most of the opportunities that await them at Shrishti. The message emphasized that every student is a valued member of the Shrishti family and inspired them to learn, lead, and grow with confidence.

The celebration featured a variety of colourful cultural programmes, including melodious singing performances and energetic dance performances, which filled the atmosphere with excitement and enthusiasm.

A Teachers' Introduction session followed, during which each faculty member introduced themselves, helping the new students become familiar with their mentors and creating a friendly and welcoming environment.

The Vice Principal then addressed the gathering, providing important instructions regarding school discipline, academic expectations,

attendance, and the values that every Shrishti student is expected to uphold. The session helped the newcomers understand the school's culture and standards.

Our respected Principal delivered an inspiring message, encouraging students to dream big, remain disciplined, work hard, and actively participate in both academics and co-curricular activities. The teachers also shared motivational messages, assuring the students of their constant guidance and support throughout their higher secondary education.

One of the highlights of the programme was the Newcomers' Open Talk, where the Class XI students confidently introduced themselves, shared their interests, ambitions, and aspirations. Their enthusiastic participation reflected the excitement and confidence with which they embarked on this new phase of their academic journey.

The celebration concluded with smiles, applause, and a renewed sense of belonging. Freshers' Day 2026 beautifully reflected the spirit of "New Beginnings... Endless Possibilities..." leaving every student inspired to begin their higher secondary journey with confidence, enthusiasm, and determination.

STUDENT LEADERSHIP ELECTION 2026

Be the Voice. Be the Change. Lead the Future.

★ YOUR LEADERSHIP, OUR FUTURE! ★

15.06.2026 MONDAY

NOMINATION SUBMISSION
Interested students can submit their nomination forms to the Election Committee.

16.06.2026 TUESDAY

SCREENING & SHORTLISTING
Screening of nominations and shortlisting of eligible candidates by the Election Committee.

17.06.2026 WEDNESDAY

ANNOUNCEMENT OF CANDIDATES
Final list of candidates will be announced through assembly and notice boards.

18.06.2026 THURSDAY

CAMPAIGNING
Candidates can present their vision and ideas to win your support.

19.06.2026 FRIDAY

POLLING & DECLARATION OF RESULTS
Cast your vote and choose your leaders. Results will be declared on the same day.

LEADERSHIP POSITIONS

HEAD BOY

HEAD GIRL

HOUSE CAPTAIN

YOUR VOTE MATTERS! VOTE WISELY!

VOTING ELIGIBILITY

VOTING AGE 14 YEARS & ABOVE

STEP UP. STAND OUT. LEAD.

Together, let's build a better tomorrow!

ELECTION COMMITTEE
Shrishti Vidyashram Sr. Sec. School ★

Congratulations!

We proudly congratulate the newly elected **STUDENT COUNCIL 2026-27** through the democratic voting process.

HEAD BOY

THARUN .A
XII A2

HEAD GIRL

RAMYA .J
XII A3

SPORTS CAPTAIN

KRITHIK .M.S
XII A1

GANGA HOUSE
HOUSE CAPTAIN (BOY)

SUJAL VINOD
XII A1

HOUSE CAPTAIN (GIRL)

HARITHA .K.K
XII A1

KAVERI HOUSE
HOUSE CAPTAIN (BOY)

SANJAY KRISHNA .C
XII A1

HOUSE CAPTAIN (GIRL)

VAISHNAVI .S
XII A1

KRISHNA HOUSE
HOUSE CAPTAIN (BOY)

JENNATHAN .P
XII A3

HOUSE CAPTAIN (GIRL)

BLESSY KEREN .S
XII B

NARMADA HOUSE
HOUSE CAPTAIN (BOY)

NILAVAZHAGAN .S
XII A4

HOUSE CAPTAIN (GIRL)

MOONIKAA .M
XII A1

"Great leaders don't set out to be leaders; they set out to make a difference."

Congratulations and best wishes for a successful and inspiring year of leadership, responsibility and service.

STUDENT LEADERSHIP ELECTION 2026-27 | POLLING DATE: 19 JUNE 2026

★ Learn Today. Lead Tomorrow ★

Teachers' Workshop on Play-Way Teaching and Experiential Learning

A workshop on "Play-Way Teaching and Experiential Learning" was conducted by Mr. Anand Calson J to equip teachers with innovative and learner-centered teaching strategies. The session highlighted the importance of active learning through play, storytelling, role play, hands-on activities, and collaborative experiences.

Teachers gained practical insights into effective classroom management and the integration of 21st-century skills such as critical thinking, creativity, communication, collaboration, and adaptability. The workshop was interactive, engaging, and inspiring, encouraging educators to create joyful and meaningful learning environments that foster student growth and lifelong learning.



Edutalk 5.0 – Honesty is the Best Policy

"Honesty is the foundation of trust and good character."

Shrishti Schools successfully conducted Edutalk 5.0 for the Grade IV students on 25th June 2026 with the inspiring theme, "Honesty is the Best Policy – Why Telling the Truth Matters." The session was led by Ms. Sandra Limpson, Counsellor, Shrishti Vidyashram Sr. Sec. School, Vellore.

The programme began with an exciting Beans Activity that instantly captured the students' attention and filled the auditorium

with enthusiasm. This engaging icebreaker encouraged active participation and prepared the children for the thought-provoking session ahead.

Ms. Sandra then narrated the classic story, "The Emperor's Test," beautifully highlighting how honesty, integrity, and truthfulness are rewarded in life. The storytelling session was followed by an interactive discussion where students eagerly shared their thoughts and reflected on the values presented in the story.

To make the learning meaningful, the speaker presented real-life situations and invited students to decide whether each action was honest or dishonest. The children actively participated, confidently expressing their opinions and learning the importance of making truthful choices in everyday life.

Throughout the session, the message "Honesty is the Best Policy" was reinforced through discussions, activities, and practical examples. Students left the auditorium inspired to practise honesty in their words and actions, understanding that truthfulness builds trust, strengthens relationships, and shapes responsible citizens.

The session was both enjoyable and enriching, leaving every child with a valuable life lesson that honesty is a virtue to be cherished every day.



Inter-House Activities – Digital Treasure Hunt & Future Leader's Vlog

The fourth and fifth graders enthusiastically participated in two engaging Inter-House Activities that fostered creativity, teamwork, and leadership. The Digital Treasure Hunt challenged students to scan QR codes, solve clues, and work together to uncover hidden mysteries, enhancing their logical thinking and digital literacy.

In the Future Leader's Vlog, students confidently presented one-minute campaign videos on important social and environmental issues, sharing thoughtful ideas and practical solutions. The activity strengthened their communication, leadership, creativity, and public speaking skills while inspiring them to become responsible future leaders.



Inter-House Activities

The Inter-House Activities for Classes VI–VIII in Term I (2026–27) offered students a dynamic platform to showcase their talents and creativity. Rising Stars highlighted exceptional performances in music, dance, poetry, and more. The Oratorical Contest on World Day Against Child Labour inspired students to advocate for children's rights through powerful speeches. Rhythm for Dad, a Father's Day activity, beautifully celebrated love, gratitude, and family bonds through expressive performances.

These activities fostered confidence, communication, teamwork, and values, making the term engaging, meaningful, and memorable.



Father's day celebration



On 19.6.2026 Father's Day was celebrated with great enthusiasm by the Kindergarten students. The celebration aimed to help children express their love, gratitude, and appreciation for their fathers.

The students confidently spoke a few sentences about their fathers, sharing why they love and admire them. Their heartfelt words brought joy and excitement to the classroom.

As part of the celebration, the children prepared colourful surprise cards for their fathers using creative art materials. They decorated the cards with bright colours, drawings, and loving messages, making each card unique and special.

The activity encouraged self-expression, creativity, and communication skills while strengthening the bond between children

and their fathers. The celebration was filled with happiness, love, and memorable moments for all.

Students developed communication skills, creativity, confidence in speaking, and learned to express love, gratitude, and appreciation towards their fathers.

Capturing Creativity Through the Lens

As part of Shrishti Schools' commitment to holistic development, the first Vocational Class for Primary students was conducted on 6th June 2026 on the theme "Photography Skills – Lighting and Shadow." The session introduced young learners to the fascinating world of photography, helping them understand how light and shadows can transform an ordinary picture into an extraordinary one.

Through engaging demonstrations and hands-on activities, students explored the basics of creative photography, developing observation skills and artistic expression. At Shrishti Schools, we believe that nurturing such practical life skills equips our Shrishtians to become confident, creative, and future-ready learners.



Learning Through Fun and Creativity



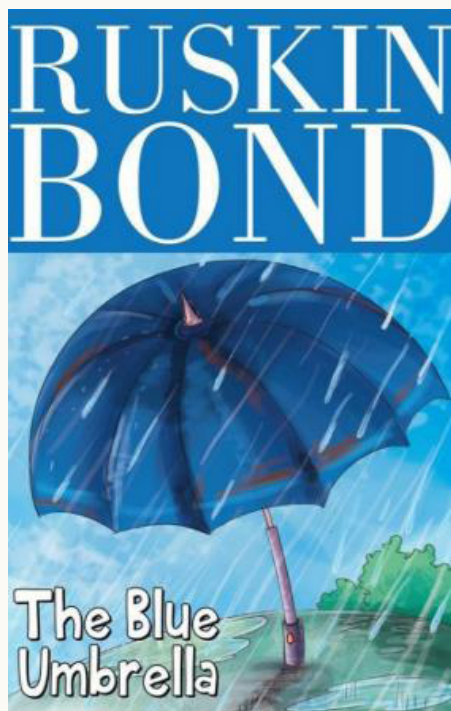
Shrishti Schools continues to nurture creativity and confidence through engaging co-curricular activities. On 15th June 2026, Grades 1, 2, and 3 participated in a colourful Funny Hat Parade, where students proudly displayed hats decorated with leaves, flowers, and other eco-friendly materials, showcasing their imagination and presentation skills. On 23rd June 2026, the young learners enthusiastically took part in a Fun Facts Quiz, answering questions with confidence while enhancing their general knowledge, curiosity, teamwork, and communication skills. Both activities made learning enjoyable and reflected Shrishti's commitment to holistic development.

Dedicated to All Fathers

Dad, when I was a baby,
you would hold me in your hands.
You carried me on your shoulders.
Your love is often shown through
quiet support.
No matter how busy you are,
you always make time to
listen to my stories.
Your impact on my life is immeasurable.
You are always there to cheer me up.
You always teach me to be
kind, brave, and never give up.
Thank you, Dad, for being
the extraordinary person
shaping my life.

- Jane Olive.V (VI B)

The Blue Umbrella



Recently, I read *The Blue Umbrella* by Ruskin Bond, and I really enjoyed it. It is a simple yet meaningful story set in a beautiful Himalayan village.

The story is about a young girl named Binya, who owns a bright blue umbrella that becomes the center of attention in her village. Everyone admires it, especially a shopkeeper named Ram Bharosa. As the story progresses, the characters learn important lessons about jealousy, kindness, and forgiveness.

What I liked most about this book was its simplicity. The author uses easy language and creates vivid pictures of village life and nature. I felt as if I was walking through the hills and meeting the characters myself.

The story also teaches us that material possessions are not as important as

having a good heart. The ending was touching and left me with a valuable lesson about generosity and understanding.

I would recommend this book to my fellow students because it is short, interesting, and full of life lessons. It shows that even a simple story can have a powerful message. Reading *The Blue Umbrella* was a wonderful experience, and it is a book I will remember for a long time.

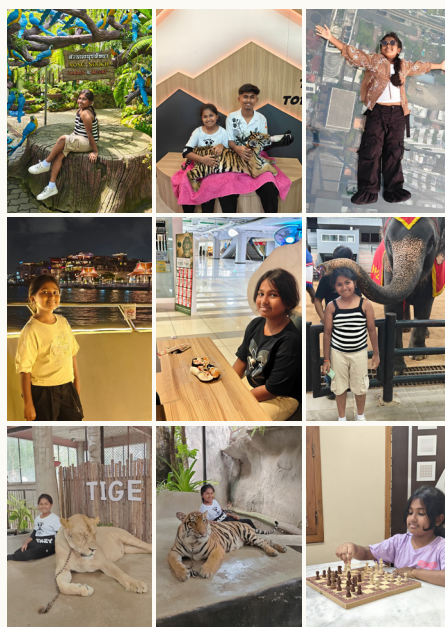
- Afsheen Fathima I (VIII A)

Chasing Dreams

This holiday, I had so much fun! First, I went to my grandmother's house. She was so nice to me, and we had a lovely time together. I also went to a big mall for shopping and got some really nice things. But the biggest surprise was my trip to Thailand! It was my first international trip. It was so exciting. I did so many cool things in the water. I tried parasailing and flew high up in the sky behind a boat. Then, I did sea walking under the water and went very fast on a jet ski. It was the best!

At night, we went on a big cruise ship for dinner. The food was yummy and the lights were beautiful. We also walked on a busy street.

We also went to a Tiger Park! I got to touch the big tigers. They were so gentle and nice. I even got to feed a cute baby tiger!



I loved my holidays so much because I did so many brave and fun things with my family. I will never forget this trip!

- Bala Nakshatra. S (VI A)

HOW I SPENT MY VACATION!



I enjoyed my vacation. I went to my cousin's house and spent time with them. We played games, enjoyed conversations, and ate yummy snacks. I also went shopping and bought my favourite things. Then I went to my grandma's house. She made yummy snacks and delicious food for me. I spent time with my parents and sibling too.

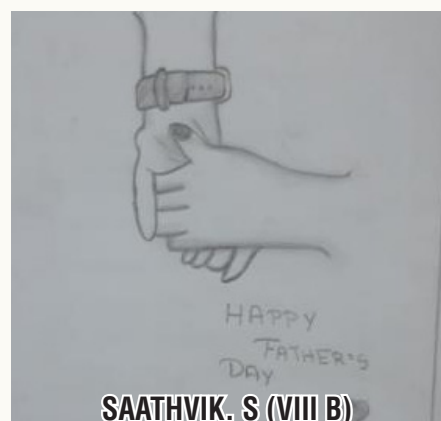
We also went to Magendra Theme Park. We played many games such as archery, dragon ride, roller coaster, zip line, horror house, vortex, mirror house, fish aquarium, and enjoyed the swimming pool. Swimming is my favourite game, and I even learned swimming there.

Next, we went to Kinder Pops, the popsicle ice cream parlour. There were many flavours such as tender coconut, KitKat, Lotus biscuit, Gulab Jamun, and pista. My favourite flavour was tender coconut because it had a real coconut flavour.

I also attended dance class, played with my sister, and watched series too.

It was my favourite vacation ever!

- S.Yazhini (VI A)



GET IT PUBLISHED

Dear Students and Teachers,

Send your achievements /
articles / stories / art work /
poems / other creative work to
shrishtichronicles@gmail.com

Rethinking Smartphones in Schools: Toward a Balanced Approach

In recent years, schools across the world have begun to seriously reconsider the role of smartphones in education. What was once seen as a useful digital tool is now increasingly viewed as a source of distraction, prompting a rapid shift in policies. Within just a few years, the proportion of education systems restricting or banning mobile phones has surged dramatically, reflecting growing global concern about their impact on students. According to recent global monitoring, more than half of the world's education systems—around 58%—now have national policies limiting smartphone use in schools, a sharp rise from less than a quarter in 2023. This trend highlights how quickly the debate has moved from isolated school-level rules to a widespread international policy movement.

Why Are Schools Imposing Restrictions?
The primary drivers behind these restrictions are concerns about learning, behaviour, and well-being. Teachers frequently report that smartphones disrupt classroom focus, reduce attention spans, and contribute to lower academic performance. Research also links excessive phone use among students to sleep disturbances, anxiety, and exposure to harmful online content. Governments and education authorities are responding accordingly. Recent policy developments show that some countries are even moving toward legally enforced bans. For instance, new legislative efforts in parts of Europe aim to make phone-free classrooms a standard practice, reinforcing the belief that mobile devices “have no place” in learning environments.

Do Bans Really Work? Despite the rapid adoption of restrictions, experts caution that banning smartphones is not a complete solution. Studies suggest that strict bans alone do not necessarily improve students' mental health or overall outcomes. In some cases, the effects are minimal because students continue to use devices heavily outside school hours. On the other hand, emerging research points to a more nuanced perspective: when used intentionally, smartphones can enhance learning. Guided usage—such as incorporating phones into lessons—has been shown to improve engagement and even reduce learning gaps among older students.

The Case for a Balanced Approach : This evolving evidence suggests that the real challenge is not simply whether to allow or ban smartphones, but how to manage

them effectively. A balanced approach is gaining support among educators and policymakers. This includes:

- * Restricting casual or distracting use during school hours
- * Allowing controlled, purpose-driven use for learning activities
- * Teaching digital literacy and responsible technology habits

International organizations also emphasize this middle path, recommending that smartphones be used in schools only when they clearly support educational outcomes.

Conclusion

The global shift in smartphone policies reflects a deeper transformation in how education systems view technology. While concerns about distraction and well-being have led to widespread restrictions, the conversation is no longer about outright bans alone. Instead, it is about finding the right balance—protecting students from the downsides of excessive screen use while equipping them with the digital skills they need for the future. In this context, the most effective strategy may not be to eliminate smartphones from schools entirely, but to integrate them thoughtfully and responsibly into the learning environment.



- Mrs. Junaida Begum S. B
Dept. of Social Science

Learning Beyond Textbooks



When we hear the word learning, we often imagine students reading textbooks, taking notes, and preparing for exams.

But is learning only about books?

The answer is No!

Learning happens everywhere—on the playground, during a science experiment, while helping a friend, performing on stage, or even while planting a tree.

What is Learning Beyond Textbooks?

Learning beyond textbooks means gaining knowledge and skills through experiences,

observations, activities, and real-life situations. It helps us understand not only what to learn but also how to use what we learn.

The Formula of Real Learning
Knowledge + Experience = Understanding
Reading about plants teaches us facts, but growing a plant teaches us patience, responsibility, and care.

Why Is It Important?

A textbook can tell us about the world, but experiences help us understand it. When students learn through activities, they remember lessons longer, build confidence, and enjoy learning more.

As the famous saying goes:

“Tell me and I forget, teach me and I may remember, involve me and I learn.”

The Ultimate Learning Formula
Books + Experiences + Curiosity = Lifelong Learning

Let us open not only our textbooks but also our minds to the endless opportunities to learn from the world around us.



- Mrs. R. Anu
Kindergarten

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