"Life is nothing to be very serious about. Life is a ball in your hands to play with. Don't hold on to the ball." - Gurudev Sri Sri Ravishankar



SHRISHTI CHRONICLES

Shrishti Matriculation Hr. Sec. School

(Managed by Makhija Foundation)



October 2026

Volume 03 I Issue 05

Highlights

02 Founder's Day & Children's Day



03 Kindergarten Activities



06 IQube



State Level - Republic Day Sports 2026

Periyar University at Salem (28.10.2026 to 30.10.2016)



10th Position - 47.43 Sec

Under 19 Boys - 4*100m Relay - Santhosh . S, Krithik . M.S Naveen . K , Mugilan . M



49.16 Sec

Under 17 Boys - 4*100m Relay - Harihanth.A , Sujith.S , Keerthan.M , Pragadish.K

District Level Inter-School Football Tournament

Narayani School, Sripuram





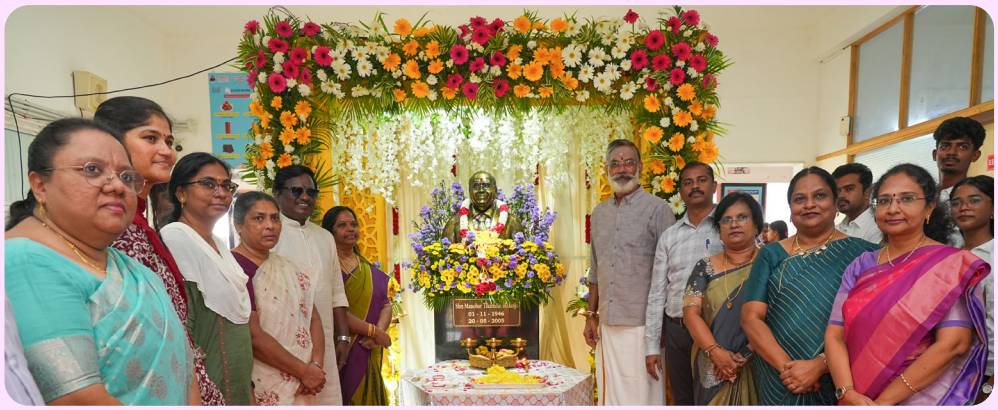
RUNNERS-UP

GET IT PUBLISHED

Dear Students and Teachers, Send your achievements / articles / stories / art work / poems / other creative work to **shrishtichronicles@gmail.com**

Founder's Day & Children's Day - A Double Celebration











The campus paid a reverent floral tribute to our visionary Founder, Late Shri Manu Makhija, as Shrishti came together on November 1st for a grand double celebration of Founder's Day and Children's Day.

The day commenced with devotion at his memorial, followed by a soulful prayer and a graceful invocation dance. Our beloved Trustee rendered his blessings and conveyed his heartfelt wishes to all students, reminding them to carry forward the Founder's legacy of excellence and values, followed by an inspiring address by our leadership.

The stage then came alive as teachers from both CBSE and Matric performed for their students. From energetic dance fusions and melodious musical performances to hilarious skits and vibrant folk and spiritual dances, every act was a treat. It was pure carnival cheer with snacks, ice cream, trampolines, giant slides, bouncy castles, game stalls for children.

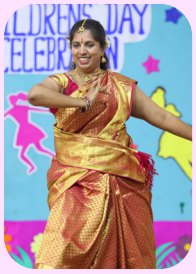
A perfect blend of reverence, talent and childhood bliss - truly Shrishti at its best.











































Inter-House Activities (Grades VI–VIII) – Celebrating Creativity, Culture and Values



October brought a series of vibrant Inter-House activities that gave students the chance to showcase their talents, sharpen their communication skills and deepen their social and cultural awareness – all while fostering teamwork, confidence and healthy competition.

Message Across Miles – 9 October

To mark World Postal Day, students wrote heartfelt letters to our brave soldiers, thanking them for their courage, dedication and sacrifice. The activity revived the art of letter writing while instilling patriotism and respect for our national heroes.

Radio Mirchi – Healthy Food Habits – 16 October

On World Food Day, students stepped into the shoes of radio jockeys and presented lively shows on balanced diets, nutritious food choices and the need to say no to junk food.

Colours of India – Cultural Fashion Walk – 30 October

Each house represented an Indian state through traditional attire and confident ramp walks, introducing its customs, festivals and heritage. The event beautifully captured the spirit of Unity in Diversity.

These activities truly reflected the school's commitment to holistic education, where every experience becomes an opportunity to learn, express and grow.

Little Hands, Big Ideas! – Grades I–III

October was a month of joyful learning for our young learners of Grades I, II and III, as the Inter-House Activities gave them a wonderful platform to express themselves, celebrate traditions and build good habits.

A Letter to My Parents – 6 October

Celebrating World Postal Day, children discovered the joy of traditional letter writing, penning heartfelt messages of love and gratitude to their parents.

Golu Corner – 13 October

In the spirit of Navaratri, students arranged traditional dolls and idols into colourful Golu displays in their classrooms, exploring India's cultural heritage through creativity and teamwork.

Swachh Squad – 27 October

Our little change-makers made short awareness videos on cleanliness, personal hygiene and caring for the environment, learning that simple habits such as washing hands and using dustbins make a big difference.

Little minds, nurtured with the right values, can make a big difference in the world!

Think, Create, Innovate! – Grades IV & V

October was an exciting month of creativity, imagination and innovation, giving students of Grades IV and V the chance to showcase their talents while building essential 21st-century skills.

Mystery Box Invention – 7 October

Students turned everyday materials into useful inventions, applying creativity, resourcefulness and problem-solving.

Modern Myth Playlet – 14 October

Traditional Indian myths and folk tales were reimagined in the futuristic world of 2050, blending cultural heritage with modern technology.

Emoji Story Pictionary – 21 October

Using only hand-drawn emojis and symbols, students retold familiar stories and fairy tales, sharpening visual thinking and non-verbal communication.

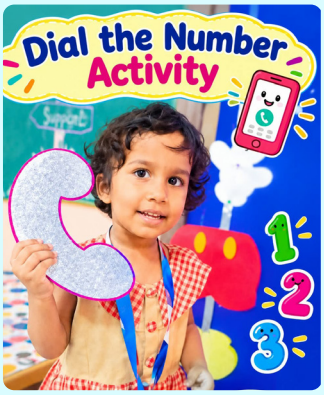
Shark Tank Pitch – 28 October

Young entrepreneurs confidently pitched innovative products designed to solve real-life problems.

Every idea is an opportunity to innovate, and every child a potential leader!

Kindergarten Corner – Little Learners, Big Discoveries

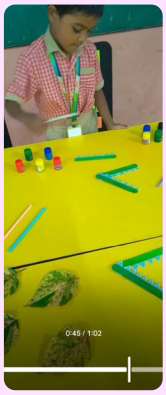
Daily Number Activity

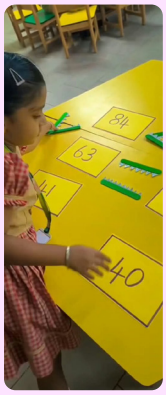


Our kindergarteners explored numbers through fun-filled, hands-on experiences. Number recognition, counting and sequencing tasks strengthened their early numeracy skills, encouraged logical thinking and built confidence in spotting numbers in everyday life.

Every number tells a story!

Greater Than or Lesser Than





Using numbers and playful comparison tasks, children learned to identify which number is greater and which is lesser. Hands-on practice helped them understand the > and < symbols while improving number recognition and logical thinking.

Big or small, let's compare them all!

Spin, Stop and Read!



Children spun the number wheel, waited for it to stop and confidently read the number under the pointer. The playful activity sharpened number recognition, concentration and quick thinking, making learning truly interactive.

Spin the wheel, spot the number, say it with confidence!

Storytelling – Chicken Licken





Expressive narration, actions and lively character voices brought the popular tale to life. Children followed the sequence of events, enriched their vocabulary and learned not to believe everything they hear without knowing the truth.

Little stories, big lessons!

Jellyfish Craft





With colourful paper strips, googly eyes and decorative materials, little hands created adorable underwater friends. The craft developed creativity, fine motor skills and hand–eye coordination while reinforcing colours and shapes.

Wiggle, wobble and float – ocean magic!

Lady's Finger Printing





Children dipped freshly cut lady's finger pieces in bright paints and stamped them onto paper, discovering beautiful star-shaped, flower-like patterns – a delightful sensory experience that built creativity and fine motor skills.

A little dip, a gentle press, a beautiful print!

Little Hands, Lovely Manners! – Table Manners (28 October)







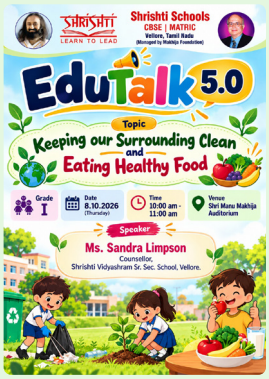


In a fun restaurant-style role play, our kindergarteners learned to sit properly, use spoons and forks, chew with their mouths closed and use magic words like "Please", "Thank you" and "Excuse me". The activity nurtured healthy eating habits, cleanliness, patience, sharing and independence.

Tiny hands, polite words, beautiful manners!

EduTalk 5.0 – Conversations for a Better Tomorrow

Grade I | 8 October 2026





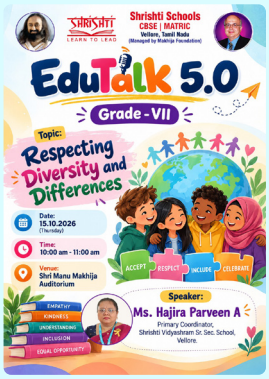

Keeping Our Surroundings Clean and Eating Healthy Food

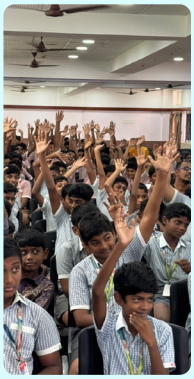
Our youngest EduTalk audience, the students of Grade I, met Ms. Sandra Limpson, Counsellor, Shrishti Vidyashram Sr. Sec. School, Vellore. Through simple examples and lively interaction, she explained why we must keep our classrooms, homes and surroundings clean – using dustbins, washing our hands and caring for plants and trees.

She also encouraged the children to choose fruits, vegetables and home-cooked meals over junk food. The little listeners eagerly answered questions and promised to be champions of cleanliness and healthy eating.

Clean surroundings, healthy food, happy children!

Grade VII | 15 October 2026



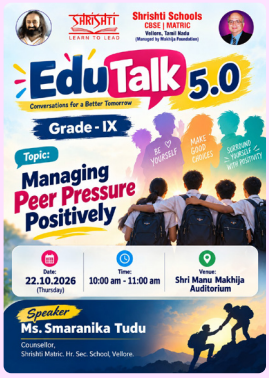
Respecting Diversity and Differences

Ms. Hajira Parveen A, Primary Coordinator, Shrishti Vidyashram Sr. Sec. School, Vellore, reminded Grade VII students that differences in culture, language, beliefs, backgrounds and abilities should be celebrated rather than judged. She urged them to look beyond outward differences to the values that unite us all.

Students were sensitised to challenge stereotypes, refrain from discrimination and practise inclusion through small, conscious actions – listening without prejudice, respecting different opinions and making sure no one feels left out.

Diversity makes us unique, acceptance brings us together and respect makes us stronger.

Grade IX | 22 October 2026






Managing Peer Pressure Positively

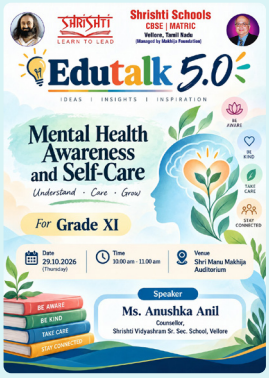
Ms. Smaranika Tudu, Counsellor, Shrishti Matric. Hr. Sec. School, Vellore, helped Grade IX students understand how peer pressure shapes thoughts, actions and relationships. A highlight was the SAPC checklist for every decision:

- S – Is it Safe? A – Is it Acceptable?
- P – Will my Parents be proud of me? C – Am I Comfortable?

Through relatable situations, students learnt to tell positive influence from negative pressure, to stand firm in their values and to say 'No' with confidence, while keeping communication open with parents and teachers.

True confidence is having the courage to make the right choice, even when it is different.

Grade XI | 29 October 2026






Mental Health Awareness and Self-Care

Ms. Anushka Anil, Counsellor, Shrishti Vidyashram Sr. Sec. School, Vellore, spoke to Grade XI students about understanding and caring for their mental health during the demanding senior-school years.

Built around four simple ideas – Be Aware, Be Kind, Take Care and Stay Connected – the session helped students recognise signs of stress, value rest and healthy routines, treat themselves and others with kindness, and reach out to trusted friends, parents and teachers when they need support. Seeking help, she reminded them, is a sign of strength.

Understand · Care · Grow

Nurturing Little Minds: Managing Young Children's Behaviour

Professional Development Programme for Pre-Primary and Primary Teachers

Great classrooms are built not merely through lessons, but through understanding, patience and meaningful connections with children. Emphasising this belief, Shrishti Schools organised an enriching Professional Development Programme titled "Managing Young Children's Behaviour" on 10 October 2026, at the Shri Manu Makhija Auditorium.

The session was led by Mr. Dhanush Ram Vignesh, Academic Trainer, Educator and Facilitator, who shared valuable insights into understanding young learners and nurturing positive behaviour in the classroom.

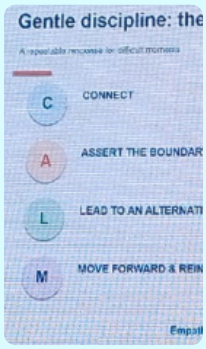
The programme focused on three essential aspects of effective classroom management – gentle discipline, establishing consistent routines and managing transitions smoothly. Through practical strategies and meaningful perspectives, teachers explored ways to understand children's behavioural needs, set clear expectations and guide them with patience and empathy.

The session highlighted that discipline is not about controlling children but about guiding them towards self-regulation, responsibility and positive choices. It also emphasised the importance of predictable classroom routines and well-planned transitions in creating a secure, structured and engaging learning environment.

The programme offered teachers valuable takeaways that could be translated into everyday classroom practices, strengthening their ability to respond to young children's needs with confidence, sensitivity and understanding.

The enriching session reinforced a significant message: when children feel understood, supported and valued, positive behaviour naturally becomes a part of their learning journey. It was indeed a meaningful step towards nurturing happier classrooms and more confident young learners at Shrishti.







Empowering Educators – Communication, Innovation and Well-being

Recognising that an institution grows with its educators, a professional development programme was organised to enrich teachers' communication skills, strengthen their technological competence and promote personal well-being – reaffirming that effective educators are lifelong learners who evolve, embrace change and nurture their own well-being.



The Art of Observation and Expression

Dr. Esther Cynthia, HOD, Department of English, engaged teachers in an experiential language activity. Teachers watched a video and described it in their own words, sharpening observation, organised thinking, vocabulary and sentence construction. The interactive format helped them overcome speaking inhibitions and express ideas with greater fluency and confidence.



Embracing the Future – AI Prompting

Mr. Arun, Department of English, led a workshop on framing clear, precise and purposeful prompts for AI tools. Teachers explored practical uses in lesson planning, worksheet design, instructional materials and classroom activities, learning to treat AI as an intelligent support system to be used thoughtfully and responsibly.



Rejuvenating Mind and Body – Zumba

The Department of Physical Education concluded the day with an energetic Zumba session exclusively for teachers. Rhythmic moves and lively music created an atmosphere of joy, camaraderie and positive energy, a refreshing reminder of the importance of fitness, stress management and emotional well-being.



Rachana. S (VII B)



Siva Karthikeyan. S (VII B)



Sri Ganesh. K. J (VIII A)

One Earth, One Responsibility



What if trees stopped giving us shade, rivers ran dry and the air became difficult to breathe? Scary, isn't it?

Our Earth gives us everything, yet how often do we care for it? Protecting our planet is not just the government's duty; it is everyone's responsibility. Saving water, planting trees, avoiding plastic and keeping our surroundings clean are small steps that can create a big difference.

We don't need superpowers to save the Earth – we just need to make better choices every day. Remember, there is no spare planet, so let's protect the only home we have!

– Sonu Raj. R (VI B)

The Power of Five Minutes



Can five minutes really make a difference? Absolutely!

Five minutes of reading can teach you something new. Five minutes of exercise can refresh your mind. Five minutes of helping someone can bring a smile to their face.

We often wait for big opportunities, forgetting that small actions create big changes. So, never underestimate the power of five minutes – small steps today can lead to big achievements tomorrow!

– Varshini. S (VI A)

History That Will Blow Your Mind!

1. The Shortest War Ever – The Anglo-Zanzibar War of 1896 lasted just 38 to 45 minutes!
2. Older Than the Aztecs – Oxford University was already teaching students before the Aztec Empire existed!
3. India's Ancient Wonder – Nalanda University drew students from many countries centuries ago.
4. A Planned City – The Indus Valley Civilisation had well-planned streets and drainage systems.
5. The Unreadable Mystery – Nobody has fully deciphered the ancient Indus script yet!
6. Cleopatra's Time Surprise – Cleopatra lived closer to our time than to the building of the Great Pyramid!
7. A Giant Wall – The Great Wall of China was built over many centuries, not in a single year.

History is full of surprises – the past is never boring when you know its secrets!

– Keshaanth. K (VII B)

The World Through a Student's Eyes

Who says students can only study, write exams and dream about the future? We have ideas that can change the world, creativity that can break boundaries and energy that can make things happen!

School is not just about textbooks and marks. It is about discovering talents, making memories, learning from mistakes and building friendships that last a lifetime.

We may complain about homework, rush to finish assignments and count the minutes until the final bell. But somewhere between those busy days, we are creating memories and shaping our future.

We are young, curious and full of dreams, and we don't need to wait until tomorrow to make a difference. A little kindness, a bold idea or a helping hand can create a big impact. We are not just the students of today; we are the creators of tomorrow – and our story has only just begun!

– Stuward Theophilus. N (VIII A)

Mariatu Kamara: A Story of Courage, Survival and Hope

What would you do if war suddenly took away your childhood, your home and even your hands? Would you give up on your dreams – or find another way to achieve them? Mariatu Kamara chose to keep going.



Mariatu was a young girl growing up in Sierra Leone when a brutal civil war changed her life forever. Separated from her family, she was severely injured when rebels attacked her village, and her hands were amputated, leaving her to face a future full of uncertainty.

But Mariatu did not allow her suffering to destroy her hope. She endured hunger, fear, displacement and the painful reality of becoming a refugee. In a refugee camp she began to rebuild her life, learning to carry out everyday tasks in new ways and holding on to her belief in education.

One of the most remarkable parts of her journey was learning to write with her feet. Instead of seeing the loss of her hands as the end of her education, she adapted and found another way to learn – proof that physical limitations need not limit a person's dreams.

Her experiences inspired her to become an author. With journalist Susan McClelland, she wrote her memoir, The Bite of the Mango, sharing her childhood in war, her struggle to survive and her journey towards a new life. She went on to become an advocate for children affected by war and violence, speaking for those whose voices are often unheard.

Mariatu teaches us that courage is not about having an easy life; it is about refusing to give up when life becomes difficult. Challenges may change our path, but they do not have to decide our destination. Her journey from a child caught in war to an educated woman and author is a shining example of resilience, determination and the power of hope.



- Ms. Vimal Supraja. R
Dept. of English

Little Minds, Limitless Possibilities

Growing Together Through Holistic Development

Kindergarten is the beginning of a beautiful learning journey. Education is not just about reading, writing and numbers; it is about nurturing every aspect of a child's growth.



Through fun activities, storytelling, music, art, games and celebrations, children develop creativity, confidence, communication and social skills. They also learn valuable life skills such as sharing, caring, teamwork and independence.

Every little activity opens a new door to learning and discovery. By creating a joyful and supportive environment, we encourage children to explore, express and grow at their own pace. Hands-on experiences and interactive learning build problem-solving skills and curiosity, and each opportunity to participate helps children discover their strengths, make friends and become more independent.

We celebrate every achievement, big or small, making learning joyful and meaningful. Our goal is to nurture happy hearts, curious minds and confident learners – because every little step today builds a brighter tomorrow.



- Ms. Megala
Kindergarten

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