"Life is nothing to be very serious about. Life is a ball in your hands to play with. Don't hold on to the ball." - Gurudev Sri Sri Ravishankar



HR SHTI

Shrishti Matriculation Hr. Sec. School

(Managed by Makhija Foundation)

Volume 02 | Issue 01

Highlights

June 2025

International Yoga Day







Sparkle Studio





Smashing Success! R. Jagadeesh - XII C

RU-19 Boys Singles Runner-up & Doubles Semifinalist | Vellore **District Badminton Championship** 2025 | Selected for State Squad

Celebrating International Yoga Day with Joy!

On 21st June 2025, Shrishti School radiated global theme—"Yoga for One Earth, One calmness and positivity as students from Health"-which emphasized harmony Grades 1 to 9 celebrated International between human life and the environment. began with a brief talk on the importance discipline, and inner peace. The calm of yoga in maintaining physical and mental ambience during meditation reflected the well-being. Students from Grades 1 to 5, dressed in white T-shirts, joyfully performed basic asanas like Tadasana, Vrikshasana, pledge to integrate yoga into daily life, Bhujangasana, and Sukhasana. It was delightful to watch even the youngest a healthy mind. The event successfully learners stretch, breathe, and balance with instilled the essence of yoga and its sincerity and joy.

observed the day with deeper engagement, harmony in their everyday lives. aligning their practice with this year's

Yoga Day with great enthusiasm. The event Their session focused on mindfulness, power of yoga to create balance and unity. The celebration concluded with a collective reaffirming that a healthy body supports timeless relevance, leaving students Meanwhile, students of Grades 6 to 9 inspired to embrace wellness and inner

KG Freshers' Day



Our kindergarten students attended their first day of school, marked by a Fresher's Day celebration. Students were gifted crowns as a token of love. Parents attended the event, allowing students to showcase their interaction with Montessori materials. An informative presentation was also shared with parents to familiarize them with our school's approach and facilities.



Inter-House Activities

Building Team Spirit and Confidence

The Inter-House Activities for the academic year 2025–2026 began with excitement and a strong sense of teamwork. Students from Ganga, Kaveri, Krishna, and Narmada houses will take part in a variety of events including debates, quizzes, art, music, dance, and poetry. These activities provide students with opportunities to express their creativity, develop leadership skills, and grow through teamwork and friendly competition.



On June 27 Reverse Quiz activity was conducted by the department of English in which the teams were given answers and they came up with the best possible questions. It's an open competition to all the house members. Students participated actively.









Freshers' Talent Show

Freshers' Talent Show was conducted in the IHA for all the newly admitted students to showcase their talent in various categories such as music, dance, comedy, poem recitation etc.



Eco Fashion Show was conducted on June 20 in which the participants design & model outfits from Recycled Materials and displayed a ramp walk with the outfits to commemorate World Music Day as well.



Grade 8 students had an introductory session on Automobiles in which they will explore about automobiles and will have an hands-on experience to understand the working and maintenance of vehicles, thus will foster curiosity and practical skills.



Vocational Classes for the Academic Year 2025-2026 commenced on June 28. This initiative aims to equip our young minds with practical skills, knowledge, complementing their academic curriculum. Students of class 6 & 7 were introduced to the world of Fashion Designing. Grade 6 students learnt about some basic stitches like Hemming Stitch, Running Stitch & Chain Stitch . A recap session was conducted for Grade 7 students to recollect the stitches and designing patterns they have explored in Grade 6 last year.





Skill Module



As part of holistic education, Skill Module sessions were held every Wednesday for Grades VI-VIII. In June 2025, students engaged in various modules led by dedicated facilitators. Grade VI attended "What to Do When the Doctor is Not Around" by Ms. Chitra. Grade VII explored "Tourism" with Ms. Junaidha Begum and "Herbal Heritage" with Mr. Venkataraman. Grade VIII learned "Financial Literacy" with Mr. Revathi and Ms. Ilavarasi, and "Artificial Intelligence" with Ms. Sowmiya. All three grades also participated in "Beauty and Wellness, focusing on emotional health, conducted by Ms. Shobia Sangeetha. These sessions enriched students with practical, real-world learning.















Parents' Induction Program

The Parents' Induction Program for the Academic Year 2025-2026 for Classes KG to 12 was held in the month of June. This gave a warm welcome to all the parents and helped them understand the academic structure of the school, school activities, celebrations and HOS gave guidance to the parents etc.

The program commenced with welcome speech followed by a comprehensive presentation and explained clearly about the curriculum, academic planner, teaching methodologies, curricular & co – curricular activities, assessment patterns, upcoming events, school rules and school policies.



Interactive Session allowed parents to clarify their queries. This program laid a foundation for a collaborative and supportive relationship between the school and the parents, aimed at the holistic growth of every child.

Parent Visitation Day



Our UKG class hosted a Parent Visitation Day on 20th June 2025. Parents joined their children, and together they participated in an interactive activity designed to foster bonding and learning. The event featured a fun game that brought parents and students closer, concluding with a joyful dance session that showcased their teamwork and enthusiasm. The event strengthened the school-parent connection and created lasting memories.



போதைப் பொருள் தடுப்பு விழிப்புணர்வு

போதைப் பொருட்கள் நம் உடல் மற்றும் மன நலத்திற்கு கெடுதலை விளைவிக்கக் கூடியவை. இவை ஒருவரின் வாழ்க்கையை முழுமையாக சீரழிக்கக் கூடியது. இன்றைய இளைஞர்கள் இது போன்ற போதைப் பொருள் பயன்படுத்துவதைத் தடுக்கும் நோக்கத்தோடு தமிழக அரசு பல்வேறு நடவடிக்கைகளை மேற்கொண்டு வருகிறது. அதன் அடிப்படையில் நம் பள்ளியிலும் போதைப் பொருள் தடுப்பு விழிப்புணர்வு கூட்டம் நடைபெற்றது. இது போன்ற சமுகச் சீர்க்கேடான பழக்கங்களினால் ஏற்படும் ஆபத்துகளை இளைய சமுதாயம் அறிந்து கொள்ளும் பொருட்டு நம் பள்ளியில் கடந்த வாரம் முழுவதும் விழிப்புணர்வு நாடகங்கள் மற்றும் சுலோகன் எழுதுதல் எனப் பல்வேறு

போட்டிகள் நடைபெற்றன. அதனைத்

மாணவர்கள் உறுதிமொழி எடுத்துக் கொண்டனர்.













Freshers day - XI

Our school's Freshers' celebration was a vibrant and welcoming memorable event, our new students to Std XI. The day was filled with excitement and enthusiasm as students gathered to get acquainted with their peers and teachers.

The event began with a warm welcome, address by our Principal, wishes and blessings by our Head of Schools , followed by fun-filled icebreaker games and activities that helped students bond and build connections. Our senior students also shared their experiences and tips for making the most of the academic year. It was a fantastic way to start the new academic year, and we're thrilled to see our students thrive and grow together!



தொடர்ந்து

































Nature



It is a place of Peace.

Not for anyone.

It gives us many things,

But we give back destructions

It is home for many,

It is Nature.

I can't think of anything more beautiful

than it.

I can only think about its beauty.

- Dharshini.Y (VIII A)

நூலைப்படி

புத்தகம் எனும் புதுயுகம்:
புத்துணர்வு தந்திடும் பயிலகம்
கற்றிட கைக்கொடுக்கும் கருத்தகம்
காகிதத்தால் கட்டிவைத்த
காவியம்.
விருட்சத்தை உருவாக்கும்
விதையகம்'
வாசிக்க வைக்கும் வித்தகம்
அறிஞனை வளர்த்திடும் அறிவகம்'
அறிவுக் கண்ணை

அகலத்திறக்கும் ஆலயம் புத்தகம் நண்பனுக்கு நண்பனாய் ஆசானுக்கு ஆசானாய் தனிமைக்கு இனிமையூட்டும் திகட்டாத அனுபவம் புத்தகம் அறிவின் களஞ்சியம் அமைதயின் உறைவிடம் பழமையின் படைப்பு: உண்மையின் பதிப்பு்



புதுமையின் தொகுப்பு அறியாமையின் விடை புத்தகம். புரட்டப் புரட்ட புத்தி பட்டைத் தீட்டப்படுகிறது. அறிவின் சிறகை விரிக்கச் செய்கிறது புத்தகம்! ஆம்! பாமரனும் கம்பனாவான் வாசித்தால்... வாழ்க்கை என்பது புத்தகம் போல் முதல் பக்கம் தாயின் கருவறை கடைசி பக்கம் கல்லறை... இடைப்பட்ட பக்கங்கள் புன்னகையோடு வாசிப்போம்! வாசிப்பை நேசிப்போம்.. எனவே, நூலைப்படி - சங்கத் தமிழ் நூலைப்படி- முறைப்படி நூலைப்படி

காலையிற் படி கடும்பகல்படி மாலை இரவு பொருள் படும் படி - நூலைப்படி கற்பவை கற்கும் படி வள்ளுவர் கொள்கைப் படி கற்கத்தான் வேண்டும் அப்படி கல்லாதவர் வாழ்வதெப்படி? நூலைப்படி அகப் பொருள் படி அதன்படி புறப் பொருள் படி நல்லபடி புகப் புகப் படிப்படியாய் புலமை வரும் என் சொற்படி -நூ லைப்படி பொய்யிலே முக்காற்படி புரட்டிலே காற்படி வையகமே ஏமாறும் படி வையத்து உள்ள நூல்களை ஒப்புவதைப்படி? -நூலைப்படி

- Taruni.S (VII A)



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Dear Students and Teachers.

Send your achievements / articles / stories / art work / poems / other creative work to shrishtichronicles@gmail.com

Sparkle Studio

Mathematics in Daily Life



Mathematics isn't just a classroom subject it's everywhere around us. From measuring ingredients while cooking to budgeting our pocket money, math makes our daily tasks easier and more organized. Every time we check the time, calculate travel distance, or split a pizza among friends, we are using basic math skills. In sports, scores and statistics help players strategize and improve. Technology, from mobile apps to video games, runs on math-based algorithms. Even nature follows mathematical patterns, seen in the spiral of a shell or the symmetry of a snowflake.



Math sharpens our thinking, helps us make smarter decisions, and reveals the hidden patterns of the world. It's not just about solving problems on paper - it's about solving problems in life!



- Ms. Swarnalatha Dept. of Mathematics

Why Are Some Older People Called "Boomers"?

The term "Boomer" is short for "Baby Boomer, which refers to people born roughly between 1946 and 1964-a time when there was a big increase in birth rates after World War II. This "baby boom" gave the generation its name.

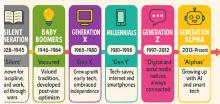
Today, "boomer" is sometimes used informally or jokingly to describe older people who may have different views or are not up-to-date with modern technology or trends. The phrase "OK Boomer" became popular on the internet to gently tease older people when they give outdated

advice.

However, it's important to use the term respectfully-every generation has its own strengths and contributions. Boomers helped build many parts of the modern world we live in today!

Generational Timeline & Nicknames

Generational Timeline



Teachers and students as of the above data, analyse yourself where we stand and what our sovereignty is and how we can contribute to this blue planet. Either we can make a better place to live with our humanitarian touch or else we can pull down to the place where no signs of survival decisions are yours, keep focusing and act smartly.



- Ms. Junaida Begum Dept. of Social Science

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- 6. Almanac: Annual publications featuring Statistical data, fact and events.
- 7. Yearbooks : Annual publications featuring information on a specific topic or field.



- Ms. M.sangamithra Dept. of Librarian

Science Breakthroughs

Researchers discovered that cancer cells hijack energy from nerve cells, aiding metastasis. Blocking this may prevent cancer spread. Early detection advances show tumor DNA in blood before diagnosis. A new "exercise pill" mimics workout benefits. CRISPR gene therapies showed promise for sickle-cell disease and high cholesterol, offering lasting solutions. These discoveries mark a leap in medicine and genetic treatment.

Science Breakthroughs June 2025



These discoveries mark a leap in medicine and genetic treatment

Related Lesson:

Class 10 Science – Health and Diseases Class 12 Biology – Principles of Inheritance and Biotechnology

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