

"Life is nothing to be very serious about. Life is a ball in your hands to play with. Don't hold on to the ball." - Gurudev Sri Sri Ravishankar



SHRISHTI CHRONICLES



Shrishti Matriculation Hr. Sec. School

December 2025

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Highlights

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Christmas Celebration ✨



Christmas was celebrated on 23rd December 2025 in our school with great joy and a festive spirit. The school campus was beautifully decorated with Christmas trees, Stars, Bells, and Colorful lights,



creating a cheerful atmosphere. The celebration included a meaningful Christmas message by Mrs. Hebziba, Vice Principal, Shrishti Vidhyashram. The message emphasized the importance of love, sacrifice, and selfless giving. Our Head of Schools Mr. M.S. Saravanan, addressed the gathering and encouraged students to practice kindness, generosity,



joy, caring and sharing in their daily lives. Students presented Christmas carols, dances, and a skit portraying the true spirit of Christmas.

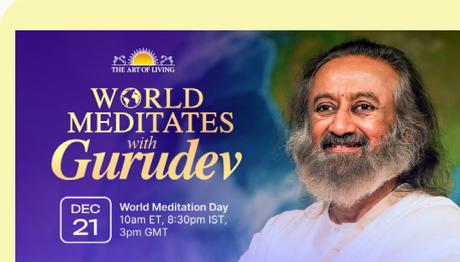


A special highlight of the celebration was a Christmas parade by the KG children. The little ones looked adorable as they dressed up as Santa Claus, angels, reindeer, snowmen, and Christmas stars. Holding colorful props and banners, they



marched happily around the campus, spreading smiles and festive cheer. The parade by the KG children added charm and innocence to the event. The arrival of Santa Claus brought great excitement among the children as he distributed sweets and shared Christmas wishes. The program concluded with a

Vote of thanks and wishes of Merry Christmas to all by Mrs. Usha Paulson, Co-Scholastic Coordinator. The Christmas celebration was a joyful and memorable experience.



World Meditation Day was observed on December 21, 2025, the 2nd united people globally for peace, well-being, and inner calm. Hosted virtually as "World Meditates with Gurudev," the event led by Gurudev Sri Sri Ravi Shankar guided participants in a shared moment of stillness and meditation.

Teachers from Shrishti School joined this global livestream, focusing on breath awareness and mindful presence. The session emphasized collective meditation's power to foster inner peace and global harmony.

Digital Detox Awareness Rally



Shrishti Matric. Hr. Sec. School, under the initiative of the Department of Computer Science, successfully organized a Digital Detox Awareness Rally on 10th December 2025. The rally aimed to spread awareness among students and the general public about the harmful effects of mobile addiction and the importance of adopting healthy digital habits.

The program commenced at Chittoor Bus Stand with a warm welcome speech, highlighting the need for digital balance in today's technology-driven world. The presence of the Chief Guest, Mr. S. Elumalai, Inspector of Police,

Brammapuram, added significance to the event and encouraged the students. Following the welcome address, students performed a short English skit focusing on the ill effects of excessive mobile phone usage and its impact on health, studies, and social life. The skit effectively conveyed the message to the audience gathered at the bus stand.

The rally was formally inaugurated with flag waving by the Chief Guest. Around 220 students from Grades 6 to 9 actively participated in the rally. Students walked from Chittoor Bus Stop to Brammapuram Government School, holding placards and

raising slogans and quotes emphasizing the need to avoid mobile addiction and practice digital detox. The rally attracted the attention of the public and successfully spread awareness through meaningful student participation and impactful slogans.

On reaching Brammapuram Government School, students presented a short Tamil skit that reinforced the importance of responsible mobile usage in daily life. This was followed by a Digital Detox Pledge, where all the students and staff members pledged to use mobile phones responsibly and promote healthy digital habits.

World Meditation Day



World Meditation Day was celebrated on Dec 19 with serenity and enthusiasm!

Students of Grade 9 & 11 meditated together, guided by yoga trainers Mr. Senthil & Mrs. Anitha Senthil. The programme was presided over by our Head of Schools Mr. M. S. Saravanan.

Soft music, calm vibes, and focused breathing helped everyone relax and find inner peace. The event highlighted meditation's benefits:

- Reduces stress
- Improves focus
- Maintains emotional balance

A meaningful experience promoting mindfulness and mental well-being.



Career Guidance Programme for Classes XI & XII

A comprehensive Career Guidance Programme was organized on 19 Dec 2025 for Classes XI and XII of Shrishti Matric. to help students make informed decisions about their future studies and careers. The session was led by Ms. Anshoo Rani, Associate Professor at SSIFS, who brings over two decades of experience in design, Indian textiles, and home furnishing, and Dr. Vandana Narang, Director, SSIFS, a distinguished fashion expert with nearly four decades of experience at NIFT as Professor, Campus Director, and Dean.



The resource persons introduced students to career opportunities in Fashion Design and Allied Creative Fields, explaining the scope of undergraduate and postgraduate courses, eligibility criteria, and industry prospects. Students gained insights into areas such as textile design, fashion communication, pattern making, and apparel production. The speakers also highlighted the importance of creativity, technical skills, discipline, and continuous learning in building a successful career in the fashion industry.

This programme inspired students to align their interests and talents with suitable career paths and plan their higher education with clarity and confidence.

Vocational Class

Grade 6 & 7 : Fashion Designing

Vocational Class on Fashion Designing was conducted for students of grade 6 & 7 on 6th December 2025 focusing on basic stitches, designs and patterns. The instructor introduced students to essential hand stitches. Students were also taught basic fabric designs and pattern concepts. Practical demonstrations were given and students practiced stitching on fabric samples.

The class was informative and helped students develop basic sewing skills and an understanding of fashion design fundamentals.



Grade 8 - Automobiles (Four-Stroke Cycle Engine)



On 6th of December a vocational class was conducted for class 8 on the Four-Stroke Cycle Engine to give students basic knowledge of its working and applications. The instructor explained the construction and working principle using an engine model.

The four strokes—intake, compression, power, and exhaust—were explained step by step. Students learned how the piston, valves, crankshaft, and spark plug function during each stroke.

The class was interactive and helped students understand how four-stroke engines are used in vehicles and machines. Overall, the session was informative and useful for developing practical technical skills.



Sports Arena



Rajeswari Trophy Organized by VIT University

Lawn Tennis



A. R. Abbey Varsha
Class: XII A3
Lawn Tennis (singles)
1st Place

Badminton



**R. Jagadeesh - XII C &
S. Danish - VIII**
Badminton (Doubles)
1st Place

Lawn Tennis



N. Harini Priya
Class: XI A3
Lawn Tennis
(singles)
2nd Place

STAR OF THE MONTH

DECEMBER



Sathya Sri.M
Class - XII A3

A beautiful balance of discipline and dedication, she shines in Character and academics. Her excellence motivates others to dream bigger and aim higher. *Congratulations!*

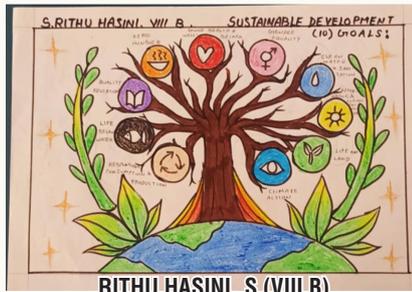


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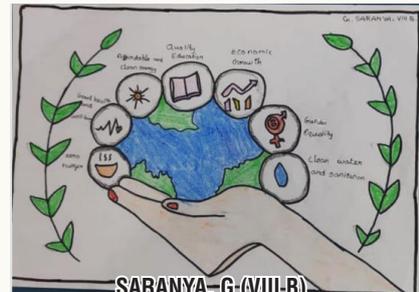
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RAJALAKSHMI. A (VIII B)



RITHU HASINI. S (VIII B)



SARANYA-G-(VIII-B)



Abdul Rahman. A (VI A)

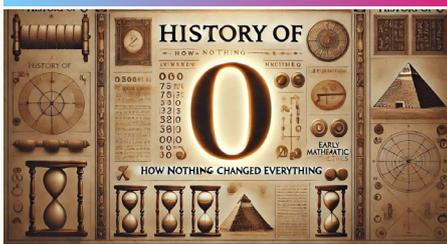


SIDDHARTH. K (VIII A)



PRAKASH. D (VIII A)

The Connection Between Mathematics and the History of Zero



One of the most important numbers in the world is zero. Zero is not just a number. It is an idea. The space between presence and absence. Before it had a name, people left blanks. Traders would skip spaces when noting numbers. That wasn't very helpful. But Indians gave it shape. And gave it meaning. The origin of zero came not from trade or science first, but from spiritual and philosophical thinking. That's what made India different.

Zero became both a number and a placeholder. It lets us build big numbers using fewer digits. Like turning 10 from just 1 and 0. This simple dot helped create algebra, calculus, computers, and now artificial intelligence.

Without zero, modern mathematics and technology would not exist. India played a key role in developing the concept of zero, which later spread across the world.

If you're interested in learning more, explore the fascinating history of zero.

Understanding where numbers come from makes mathematics even more meaningful and exciting.

- Jaidev. S (VII-B)

National Mathematics Day

Srinivasa Ramanujan was a self-taught Indian mathematician born in 1887 in Tamil Nadu. Even though he did not receive formal higher education in mathematics, his natural talent was unbelievable.

He made significant contributions to:

- Number theory
- Infinite series
- Fractions
- Mathematical analysis

Despite living in poverty and facing many challenges, Ramanujan's brilliance was recognised by Professor G. H. Hardy of Cambridge University, who invited him to work in England. His ideas still influence modern mathematics today.

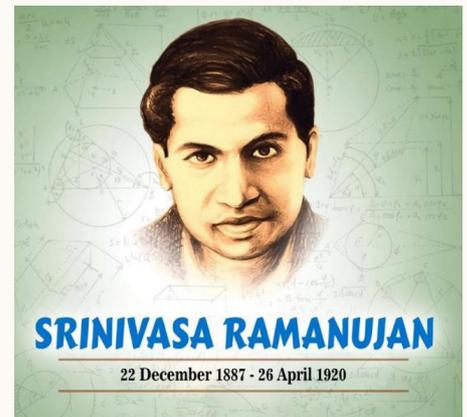
His life story teaches us an important lesson: Passion, dedication, and curiosity can overcome all obstacles.

Interesting Facts About Srinivasa Ramanujan:

Here are some fun and amazing facts about Ramanujan that make national mathematics day even more special:

- He wrote thousands of formulas in notebooks without formal training.
- Many of his theories were proven correct decades later.
- The number 1729 is known as the Ramanujan number.
- His work is used in modern physics and computer science.
- He was elected as a Fellow of the Royal Society in 1918.
- His love for numbers truly changed the way the world looks at mathematics.

- Sri Ganesh. K. J (VII-A)



Every year on December 22, India celebrates national mathematics day to honour one of the greatest mathematicians the world has ever seen — Srinivasa Ramanujan.

This special day is not just about numbers and equations; it is about inspiring curiosity, logic, creativity, and problem-solving among students of all ages.

The Government of India declared this day in 2012, during Ramanujan's 125th birth anniversary, to acknowledge his extraordinary contributions to mathematics.

Mathematics plays a powerful role in shaping the modern world, from science and technology to architecture and medicine.

By celebrating national mathematics day, we remember the contribution of Ramanujan and encourage young minds to explore the magic of numbers.

- Syed Abdul Khader Quadri (VI-B)

Career Guidance for Students

How to Choose the Right Future Career Path?

Choosing a career is one of the most important decisions in a student's life. There is no single course that suits everyone. The right choice depends on a student's interest, ability, academic background, and long-term goals. Understanding course options and their eligibility criteria helps students make informed and confident decisions.

Engineering (B.E / B.Tech)

Engineering is suitable for students who enjoy Mathematics, Physics, and Technology and have strong analytical and problem-solving skills.

Eligibility: Students must have studied Mathematics, Physics, and Chemistry in Class 12. Admission (Tamil Nadu): Through TNEA Counselling based on board marks.

Popular Courses: Computer Science, Artificial Intelligence, Electronics & Communication, Mechanical, Civil Engineering.

MBBS (Doctor)

MBBS is ideal for students with a strong interest in Biology and a commitment to long-term study and service to society.

Eligibility: Class 12 with Physics, Chemistry, and Biology.

Entrance Exam: NEET is mandatory for admission to government and private medical colleges.

BDS (Dental Science)

BDS is suitable for students interested in the medical field with comparatively shorter duration than MBBS.

Eligibility: Class 12 with Physics, Chemistry, and Biology.

Entrance Exam: NEET compulsory.

Arts & Science (B.A / B.Sc / B.Com)

Arts and Science courses are suitable for students interested in research, teaching, business, civil services, and creative fields. Eligibility: Admission is based on Class 12 marks, with subject requirements varying by course.

Popular Courses: B.Sc Mathematics, Computer Science, Physics, Chemistry, B.Com, BBA, Economics, Psychology, English.

Other Career-Oriented Courses

Several professional and emerging courses offer excellent career opportunities today.

Options include:

BCA (Computer Applications), Data Science & AI, Chartered Accountancy (CA), Architecture (B.Arch – NATA), Design & Animation, Teaching (B.Ed), and Civil Services (UPSC / TNPSC).

Eligibility: Varies by course and entrance examination.

★ Final Thought

Students should avoid choosing a course based on pressure, marks alone, or short-term trends. Careful self-assessment, proper guidance, and clarity about eligibility lead to the right career path. True success comes not from choosing the "best course," but from excelling in the course chosen with dedication and continuous learning.



- Mr. G. Balaji
Dept. of Mathematics

The Importance of Water in Human Life

Why Water Matters in Our Everyday Life

Water quietly keeps us alive. We don't notice it much, but from breathing and thinking to walking and sleeping, water supports everything our body does. Nearly sixty percent of the human body is made of water, which means even small changes in hydration can affect how we feel and function.

When the body lacks water, energy drops, concentration fades, and basic systems slow down. This shows how deeply water is connected to our daily health.

How Water Helps the Body Function Better

Water helps the body stay cool by releasing heat through sweat. This is especially important in hot weather or while doing physical work. It also plays a key role in digestion by helping break down food and allowing nutrients to reach different parts of the body smoothly.

The brain depends heavily on water. Even mild dehydration can cause headaches, tiredness, irritation, and poor focus. Drinking enough water helps keep the mind alert and balanced.

Joints and muscles also rely on water to move freely. Proper hydration reduces stiffness and supports easy movement. At the same time, water keeps the skin fresh and elastic by maintaining natural moisture.

Blood circulation is another area where water plays a major role. Since blood is largely made of water, hydration helps maintain normal blood pressure and ensures oxygen and nutrients reach every organ.



- Ms. Chitra
Dept. of Zoology

Science Breakthroughs



Scientists have recently used Artificial Intelligence to speed up drug discovery by analyzing large amounts of biological data. This reduces years of research into months, lowers costs, and helps develop effective medicines faster, improving healthcare worldwide.

Related Lesson:

Biology – Genetics and Biotechnology

Influence of Artificial Intelligence in field of Biotechnology



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