

"Life is nothing to be very serious about. Life is a ball in your hands to play with. Don't hold on to the ball." -Gurudev Sri Sri Ravishankar



# SHRISHTI CHRONICLES



Shrishti Matriculation Hr. Sec. School

February 2026

(Managed by Makhija Foundation)

Volume 02 | Issue 09

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## Lab Upgrade Sparks Scientific Curiosity!

Shrishti Matric. Hr. Sec. School's Chemistry Laboratory was successfully renovated and inaugurated on February 4th, marking a significant milestone in enhancing practical learning. The upgraded lab is equipped with advanced instruments, improved safety features, and spacious workstations, providing students with a cutting-edge learning environment.

Our Chairman Commodore H.G. Harshaji inaugurated the lab. Our Trustee Mr. Mahadevan Venkatesh and our Head of schools Mr. M.S. Saravanan graced the ceremony, emphasizing the importance of lab learning in shaping young scientists. The revamped lab aligns with modern educational standards, empowering students with hands-on experience and a deeper understanding of scientific concepts.



# INNOVATION & IMAGINATION UNLEASHED!

## A Celebration of Creativity at Shrishti

### Fancy Dress Competition



Creativity sparkled and young minds shone bright as our school hosted a vibrant Fancy Dress Competition on 9th February 2026. The theme, "Human Inventions," inspired students to explore the wonders of science and everyday innovations. Dressed as fascinating inventions such as the washing machine, robot, satellite, camera, calculator, pencil, train, scooter, traffic lights, electric bulb, Newton, rocket, clock, aeroplane, and many more, students amazed the audience with colourful and innovative costumes. Each participant confidently spoke a few lines about their

chosen invention, displaying impressive stage presence and awareness. The event not only enhanced speaking skills and self-confidence but also deepened students' understanding of the importance of scientific inventions in our daily lives. With wholehearted parental support in preparing the costumes, the competition turned into a memorable and meaningful learning experience. *Indeed, it was an enjoyable and educational celebration of creativity and talent!*

### Storytelling & Rhymes Competition Mini-Me Games



10<sup>th</sup> February 2026, was filled with imagination, rhythm, and laughter during the Storytelling and Rhymes Competition. Students confidently presented their original stories and rhymes, using creative props to make their performances lively and expressive. Their narration skills, voice modulation, and stage confidence truly impressed the audience. Adding more joy to the occasion, Mini-

Me games were organised for parents and children. The delightful participation of parents alongside their children created a cheerful and heart-warming atmosphere. The event beautifully strengthened the parent-child bond while encouraging creativity, communication, and confidence among students. Together, these events showcased the vibrant spirit, enthusiasm, and boundless imagination of our young Shrishti stars!

### IHA Highlights – A Month of Meaningful Learning, Celebrating Talent, Culture and Curiosity!

February 2026 was a vibrant month for Grades IV and V, filled with engaging IHA activities that nurtured creativity, confidence, awareness, and innovation.

### The Wellness Edit – Wellness Awareness Activity (04.02.2026)

The month began with a thoughtful Wellness Awareness Activity,



encouraging students to reflect on healthy living. Focusing on areas such as balanced diet, exercise, sleep, hygiene, screen-time balance, and emotional well-being, students presented their ideas through short, creative videos. The activity promoted health awareness, responsible habits, and positive lifestyle choices, reminding everyone that small healthy steps today lead to a better tomorrow.

### Women Who Inspire Me – Poster Making (11.02.2026)

On the occasion of "International Day of Women & Girls in Science," students created colourful posters honouring inspiring women from science, technology, medicine, and innovation. The activity celebrated achievements, promoted gender equality, and encouraged students to dream big while appreciating remarkable role models.

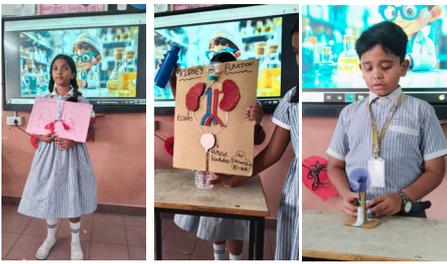
### Mother Tongue – Our Pride (18.02.2026)

To mark “International Mother Language Day”, students recited poems in their mother tongue and delivered short speeches on the importance of preserving languages. The event beautifully celebrated cultural identity, confidence, and pride in one’s roots.



### Little Scientists at Work – Model Making (25.02.2026)

The month concluded with creativity and curiosity on “National Science Day”. Students presented innovative science models on topics like the solar system, water cycle, and simple machines, demonstrating scientific thinking and clear explanation skills.



Overall, the IHA activities provided a wonderful platform for holistic development, fostering creativity, communication skills, scientific temperament, health awareness, and cultural appreciation among our young learners.

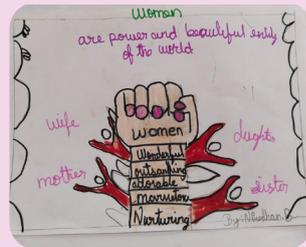
## TINY TALENTS, BIG EXPRESSIONS!

### IHA Highlights – Grades I to III (February 2026)

February 2026 was a month of excitement, expression, and enthusiastic participation for our young learners of Grades I to III. Each Tuesday brought a new opportunity for children to explore their creativity, confidence, and teamwork through engaging IHA activities.

### Express Yourself – Poster Competition (03.02.2026)

The month began with a colourful Poster Competition based on the theme “Kindness.” Students beautifully expressed the value of kindness through drawings and thoughtful messages. The activity helped them understand the importance of being kind in everyday life while showcasing their creativity and imagination.



### Daily Dose – News Reading (10.02.2026)



Dressed smartly as young news reporters, students confidently presented current news in English. The News Reading Activity enhanced their awareness of the world, built vocabulary, and strengthened voice modulation and clarity. Their confident delivery truly impressed the audience.

### Treasure Hunt (17.02.2026)

Excitement filled the air during the Treasure Hunt activity. Working in teams, students followed clues, practised listening skills, and displayed excellent teamwork and time management. The fun-filled challenge encouraged cooperation, discipline, and critical thinking.



### JAM Talk – Journey Throughout the Year (24.02.2026)

The month concluded with a heartfelt JAM Talk, where students shared their experiences of the academic year at Shrishti. In two minutes, they confidently narrated their learning journeys, building narrative skills and self-expression. Their clarity, pronunciation, and presentation reflected remarkable growth.



Overall, the February IHA activities provided a joyful platform for our little stars to learn, express, collaborate, and shine with confidence.

## Inter-House Activities (Class - VI to VIII)

### Health Detective

On the occasion of World Cancer Day, an inter-house group activity titled “**Health Detective**” was conducted on **6<sup>th</sup> February 2026** to promote awareness about cancer prevention and healthy lifestyle choices.

Students analyzed lifestyle clues such as diet, exercise, and daily habits to identify risk factors and protective factors related to cancer. The activity aimed to enhance critical thinking and encourage healthy living practices.

The activity successfully created awareness about cancer prevention while fostering teamwork, analytical skills, and confident presentation among students. It was engaging, informative, and aligned well with the spirit of World Cancer Day.



### Social Justice Situation Lab (World Social Justice Day)

In observance of World Social Justice Day, an Inter-House Activity titled “**Social Justice Situation Lab**” was conducted on 20<sup>th</sup> February 2026. The event aimed to sensitize students to issues of justice and fairness in everyday life.

The activity encouraged students to critically analyze real-life situations in school and the community that reflect justice and injustice, and to propose meaningful solutions rooted in strong values.

Each house presented a short role play depicting realistic scenarios involving issues such as inequality, discrimination,

fairness, rights, and responsibilities.

Students identified the core issue of injustice, demonstrated its impact and suggested constructive and value-based solutions.

The performances were thoughtful, relevant, and reflective of strong ethical understanding.

The activity successfully fostered empathy, awareness, and critical thinking among students. It strengthened their understanding of social responsibility and empowered them to become advocates of fairness and justice within their school and community.



### Radio Through Years

To commemorate World Radio Day, an engaging Inter-House Activity titled “**Radio Through the Years**” was conducted on **13<sup>th</sup> February 2026**. The event highlighted the evolution of radio as a powerful medium of communication and entertainment.

The activity aimed to help students understand the historical development of radio — from its early beginnings to modern digital formats — while encouraging creativity and teamwork.

Each house presented a timeline-based performance showcasing the journey of radio through different eras:

- Early Radio
- FM Radio
- Digital Radio
- Podcasts

Students effectively used placards, props, and short enactments to depict technological advancements and changing listening experiences across generations. The performances were informative, creative, and well-coordinated. The activity successfully blended history with performance, enabling students to explore the transformation of radio as a communication medium. It enhanced their research skills, stage confidence, and collaborative spirit, making the celebration of World Radio Day both educational and enjoyable.

### Spell Bee Examination



Spell Bee Examination was conducted on 9<sup>th</sup> February 2026 for students of Classes III to IX. The event witnessed enthusiastic participation from young learners eager to test their spelling skills and vocabulary strength.

The examination aimed to enhance students' language proficiency, improve spelling accuracy, and build confidence in written and spoken English. Students prepared using the study material shared in advance and showcased commendable dedication and effort.

This paved an impactful pathway to inspire students strengthen their vocabulary and communication skills. The event was a great success, reflecting the school's commitment to nurturing excellence in language learning.

## Teaching Learning Assessment Follow up



Shrishti Schools proudly launched the TLA Teacher Handbook (Classes I–XII) for the Academic Year 2026–27 on 4th February 2026. The handbook was released by Cmde. H. G. Harshaji, Trustee, Makhija Foundation & Chairman, SSRVM Trust, along with Shri Mahadevan Venkatesh Ji, Trustee, Makhija Foundation.

Prepared by Mr. M. S. Saravanan, Head of Shrishti Schools, the handbook offers a structured framework to enhance lesson planning, effective teaching practices, assessment strategies, and meaningful follow-up. It serves as a valuable guide for teachers, ensuring consistency, clarity, and academic rigor across all grades. The initiative reflects Shrishti Schools' strong commitment to professional excellence, holistic education, and continuous academic improvement.

## From Chalk to Chat: Reimagining Classroom Narratives with AI

“From Chalk to Chat: Reimagining Classroom Narratives with AI” An engaging AI in Education workshop was conducted at VIT on February 21 by the School of Social Sciences and Languages, Department of English. The morning session, led by Dr. Cherry Mathew Philipose, Associate Professor, SNU Chennai, introduced educators to the practical integration of Artificial Intelligence in English language teaching. The session focused on enhancing the four core language skills—listening, speaking, reading, and writing—while strengthening lesson planning and assessment practices. Participants explored AI tools such as ChatGPT, Google Gemini, Microsoft Copilot, Speech Analyzer, Yoodi, Reading Coach, Brisk,

and Edcafe. Structured prompt frameworks like RCTO (Role, Context, Task, Output) and PREPARE were demonstrated, enabling teachers to design effective AI-assisted lesson plans and quizzes. The afternoon session, led by Dr. Blessy Sharon Samjose, Assistant Professor, VIT Vellore, emphasized storytelling as a powerful pedagogical tool. Through interactive activities like “The Bonding Party” and “The Cell Division Courtroom Drama,” participants experienced how storytelling fosters empathy, creativity, critical thinking, and retention. The workshop concluded by highlighting that AI, when used thoughtfully alongside human creativity, can transform classrooms into dynamic learning spaces.



## National Science Day

National Science Day was celebrated with great enthusiasm at Shrishti Matric Hr. Sec. School on 27th February 2026, with active participation from students of Classes VI to VIII. The programme reflected the students' curiosity and excitement for science. The event began with a Welcome Address by Mr. Venkataraman, followed by an inspiring talk by Mr. Dinesh on the importance of science in everyday life. A science theatre video added an engaging touch to the session. Interactive activities such as the Mystery Box Challenge and the 60-second Science Talk encouraged students to think critically and confidently explain scientific concepts. The programme concluded with a Vote of Thanks by Mrs. Subha. Overall, the celebration successfully nurtured scientific temper, curiosity, and enthusiasm among students, making it a meaningful learning experience.



## Medal Winners of Olympiad Exams - NSO





**District Inter School Level (Under-11) Football Tournament Winners**  
 Conducted by Schieffelin Institute of Health – Research and Leprosy Centre Karigiri.



**Inter school 5 A Side Tournament Under 12 Runners Up**  
 Conducted by Vellore Football Club

**Tiger Book of Record**  
**Silambam Marathon**  
 2km - Single Sticker Rotation  
 Karnambuttu to Sevoor  
 (22.02.2026)

- K.K.Haritha - XI A1
- K.K. Kiruthilaya - V A2
- J. Vaishnavi - V A1
- V. Jaden Periyanyagam - VA1



**Heartiest Congratulations to Our Champions!**

Your determination and perseverance have led you to this remarkable achievement. May this success be the beginning of many more victories ahead!

**STAR OF THE MONTH**



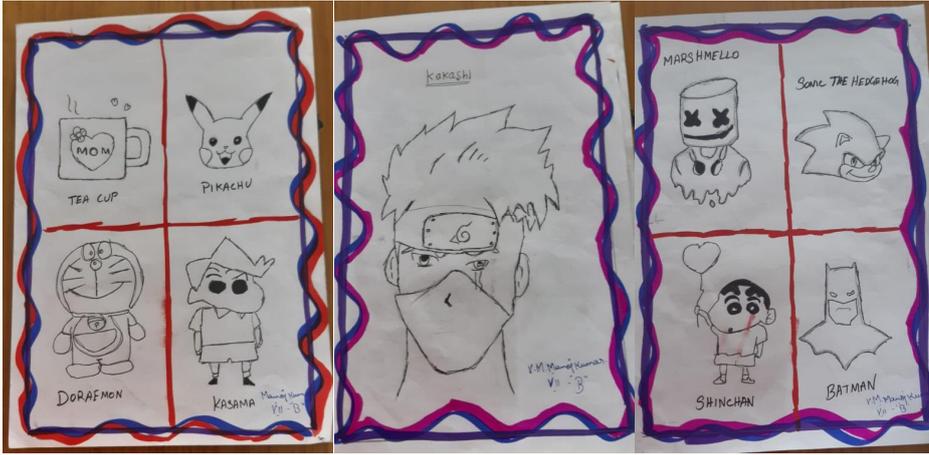
**FEBRUARY**

Nikhil S is a talented and dedicated student who excels in drawing, calligraphy, and academics. His creativity shines through his artwork and elegant handwriting, while his hard work is reflected in his strong academic performance. He truly represents the perfect blend of creativity and intelligence.



**GET IT PUBLISHED**

Dear Students and Teachers,  
 Send your achievements / articles / stories / art work / poems / other creative work to [shrishtichronicles@gmail.com](mailto:shrishtichronicles@gmail.com)



Manoj Kumar. V.M (VIII B)



Gopika. S (VIII B)

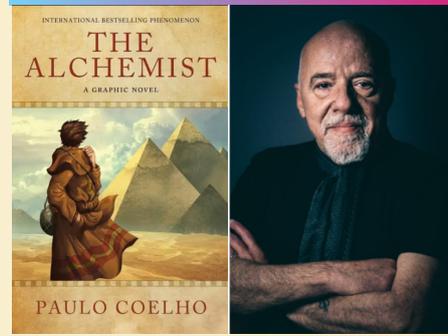
## என் கனவு இந்தியா



என் கனவு இந்தியா மிகவும் சுத்தமாகவும் அழகாகவும் இருக்க வேண்டும். எங்கும் குப்பை இல்லாமல், சாலைகளின் ஓரங்களில் மரங்கள் நடடிருக்க வேண்டும். மக்கள் பிளாஸ்டிக் பயன்படுத்தாமல், இயற்கையை பாதுகாக்க வேண்டும். என் கனவு இந்தியாவில் எல்லா குழந்தைகளும் பள்ளிக்கு சென்று நல்ல கல்வி பெற வேண்டும். ஏழை, பணக்காரன் என்ற வேறுபாடு இல்லாமல் அனைவருக்கும் சம வாய்ப்பு கிடைக்க வேண்டும். பள்ளிகளில் நல்ல ஆசிரியர்கள், நூலகம், கணினி வசதி போன்ற அனைத்தும் இருக்க வேண்டும். பெண்களுக்கு பாதுகாப்பும் சம உரிமையும் கிடைக்க வேண்டும். பெண்கள் மருத்துவர், விஞ்ஞானி, ஆசிரியர், போலீஸ் போன்ற பெரிய பதவிகளில் பணியாற்ற வேண்டும். மக்கள் எல்லோரும் ஒற்றுமையுடன், அன்புடன் வாழும் இந்தியாவே என் கனவு இந்தியா. நாடெல்லாம் முயற்சி செய்தால், என் கனவு இந்தியா நிச்சயம் நனவாகும்.

- HARITHA. M.S (VII A)

## The Alchemist By Paulo Coelho



The Alchemist was first published in 1988. The author is Paulo Coelho, a famous Brazilian writer known for his inspirational and philosophical novels.

The Alchemist by Paulo Coelho is a short yet powerful novel about following one's dreams. The story revolves around Santiago, a young shepherd who sets out on a journey to find treasure near the Egyptian pyramids. As he travels, Santiago meets different people who guide him and teach him important life lessons. Through his experiences, he learns about destiny, perseverance, courage, and the importance of listening to his heart.

The language of the book is simple and easy to understand, yet the message is deep and meaningful. The novel is filled with symbolism and inspiring quotes that encourage readers to believe in their dreams and never give up despite difficulties.

Overall, The Alchemist is an uplifting and motivational read. It leaves readers with hope and the belief that when we truly desire something, the universe helps us achieve it.

- SRI GANESH. K.J (VII A)

## Robot Fish for Collecting Trash in the Ocean



Plastic pollution in oceans is a serious problem. It harms sea animals and makes water dirty. To help solve this issue, scientists created a robot fish that can collect trash from water.

The robot is called RoboFish. It was invented in 2022 by Ricky Ma and his team at Clear Robotics.

RoboFish looks and swims like a real fish. It can move smoothly in water using its tail. As it swims, it collects small plastic pieces and other waste. It can hold trash inside its body and later the waste can be removed and properly disposed of. The robot can collect around a few kilograms of waste at a time.

This robot fish also uses sensors to avoid obstacles and move safely. Since it looks like a real fish, it does not disturb marine life. RoboFish can be used in oceans, rivers, and lakes to reduce pollution.

In conclusion, RoboFish is a smart and eco-friendly invention. It shows how technology can help protect our environment and keep our oceans clean.

- THANISH. M (VII A)

பன்னிரண்டாம் வகுப்பு தேர்வு எழுதும் மாணவர்களுக்கு வாழ்த்துக் கவிதை:

கனவுகளை கையில் கொண்டு கலமெடுத்து நிற்கும் நேரம் இது, கடின உழைப்பின் பலன் காத்திருக்கும் பொற்காலம் இது. பயம் அல்ல, நம்பிக்கை உங்கள் துணையாக இருக்கட்டும், பாடம் அல்ல, புரிதல் உங்கள் பலமாக ஆகட்டும்.

எழுத்தின் ஒவ்வொரு வரியும் வெற்றியை வரையட்டும், எண்ணத்தின் ஒவ்வொரு நொடியும் தைரியம் தரட்டும்.

முயற்சியின் வியர்வை இன்று

மலராக மலரட்டும்,

உங்கள் உழைப்புக்கு

உயர்ந்த மதிப்பெண் பலனாக

கிடைக்கட்டும்.

நாளைய உலகை உருவாக்கும்

வீரர்கள் நீங்கள்,

நிச்சயம் வெற்றி உங்கள்

பாதங்களைத் தேடி வரட்டும்!



- Ms. ஜோனா ஜெயசீலி.ஜா  
தமிழ் துறை

## Interesting Facts About Plants

Plants may seem quiet and still, but they are full of surprises. Modern science has revealed that plants are intelligent in their own way and respond actively to their surroundings. Here are some fascinating plant facts that help students understand nature better.

### Plants recognize their own family

Plants can identify when they are growing near their brothers, sisters, or close relatives. Instead of competing aggressively for water and nutrients, they share space and allow each other's roots to grow freely. They even limit growth to protect their family plants from outsiders. Just like humans, plants seem to value family first!

### Plants can guide you like a compass

Trees can help with direction. In northern temperate regions, moss usually grows on the north side of tree trunks because that side receives less sunlight and stays moist. Tree rings can also guide us—rings are thicker on the southern side in the northern hemisphere due to greater sunlight exposure. The opposite is true in the southern hemisphere.

### Plants can “talk” to each other

Plants communicate using chemical signals, electrical impulses, and underground fungal networks. When attacked by insects, a plant releases chemicals into the air to warn nearby plants, helping them strengthen their defenses. Underground, fungi connect plant roots and allow them to share nutrients and information. This natural system is often called the “Wood Wide Web.”

### Plants respond to sound

Plants are sensitive to vibrations. Research on pea plants showed that their roots could sense the sound of flowing water underground and grow toward it. Studies also suggest that certain sound frequencies can increase crop yields, especially in vegetables like tomatoes and peppers.

### Plants sense gravity

Plants know which way is up and down through a process called gravitropism. Special cells in roots and stems detect gravity using tiny starch grains. When a plant is tilted, these grains shift, guiding growth so roots grow downward and shoots grow upward.

### Plants trick pollinators

Some plants cleverly attract pollinators without offering nectar. Certain orchids mimic the shape and scent of female insects, tricking males into pollinating them. Others, like the large Rafflesia flower, smell like rotting meat to attract flies that spread pollen.

### Plants send distress signals

The smell of freshly cut grass is actually a distress signal. When attacked, plants release chemicals to attract predators of harmful insects, such as birds or parasitic wasps. Scientists have found this behavior not only in forests but also in agricultural crops.

### Plants know time and seasons

Plants have a circadian rhythm just like humans. This internal clock helps them decide when to grow, bloom, and release scents. Plants also sense seasonal changes by measuring day length, helping them flower and produce seeds at the right time.

### A fun fruit fact

Strawberries are unique because their seeds grow on the outside. Surprisingly, strawberries are not true berries and belong to the rose family.



- Ms. T. Geetha Prabudoss  
Dept. of Biology

## Science Breakthroughs

**Chemistry Facts That Blow Your Mind**  
Hold on! Some discoveries are so wild they sound unreal.



Your body's atoms are billions of years old. They were born in exploding stars before Earth existed. Talk about stardust power! Here's another one: water expands when it freezes. That's why ice floats. This simple trait keeps fish alive under frozen lakes. Scientists now use similar ideas in cold-temperature medicine.

Gold never rusts—it stays shiny forever. But cesium, another element, explodes in water. Boom! Each element behaves differently.

Even your car tire hides chemistry. It's made from long chains of rubber molecules linked tightly together. That structure lets it bounce and stay strong for years. Facts like these reshape how we view simple things.

## SHRISHTI CHRONICLES THE NEWSLETTER

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